

# HOUSE CLEANING CHECKLIST

## Kitchen

**M T W T F S S**

- Clean counter tops
- Clean microwave inside/outside
- Wipe down cabinets/hardware
- Clean outside of appliances
- Polish stainless steel appliances
- Clean refrigerator inside
- Clean range vent/filter
- Clean and sanitize sinks
- Sweep and wash floors
- \_\_\_\_\_
- \_\_\_\_\_

M	T	W	T	F	S	S

## Dining Room

**M T W T F S S**

- Clean windows/window treatments
- Clean/polish table and chairs
- Sweep/mop hard floors
- Vacuum carpets/area rugs
- \_\_\_\_\_
- \_\_\_\_\_

M	T	W	T	F	S	S

## Bathrooms

**M T W T F S S**

- Clean/sanitize sinks
- Clean/sanitize tubs, shower, toilet
- Clean mirrors and glass
- Clean and polish fixtures
- Dust light fixtures and bulbs
- Wash floors
- \_\_\_\_\_
- \_\_\_\_\_

M	T	W	T	F	S	S

## Bedrooms

**M T W T F S S**

- Change sheets
- Dust furniture/shelves
- Vacuum floor
- Wash windows
- Empty wastebaskets
- Dust light fixtures
- Put away clean laundry
- Dust/mop baseboards
- \_\_\_\_\_
- \_\_\_\_\_

M	T	W	T	F	S	S

## Living Room

**M T W T F S S**

- Dust all hard surfaces/shelves/blinds
- Vacuum carpets/area rugs
- Sweep/mop hard floors
- Vacuum upholstered furniture
- Polish wood
- Clean windows/window treatments
- \_\_\_\_\_
- \_\_\_\_\_

M	T	W	T	F	S	S

## Office

**M T W T F S S**

- Dust office surfaces/equipment
- File or toss loose mail/paperwork
- Clean windows/window treatments
- Sweep/mop hard floors
- Vacuum carpets/area rugs
- \_\_\_\_\_

M	T	W	T	F	S	S

## Stairs/Entry/Hallways

**M T W T F S S**

- Vacuum carpets/area rugs
- Sweep/mop hard floors
- Dust cobwebs; ceiling/baseboard
- Clean windows/window treatments
- \_\_\_\_\_

M	T	W	T	F	S	S

## Laundry/Utility Room

**M T W T F S S**

- Clean washer and dryer exteriors
- Clean inside rim of washer
- Change/clean lint traps
- Dust light fixtures and bulbs
- Empty wastebasket
- Sweep and mop floor
- Clean laundry sink and fixtures
- Clean laundry counter/hamper
- \_\_\_\_\_

M	T	W	T	F	S	S

## Basement/Garage

**M T W T F S S**

- Empty wastebaskets
- Organize/dust shelves
- Sweep/mop floor
- Put away tools/supplies
- \_\_\_\_\_

M	T	W	T	F	S	S